





*Physical Fitness/Aerobics for Majors Instruction by Ms. Betty Hayes-Anthony*

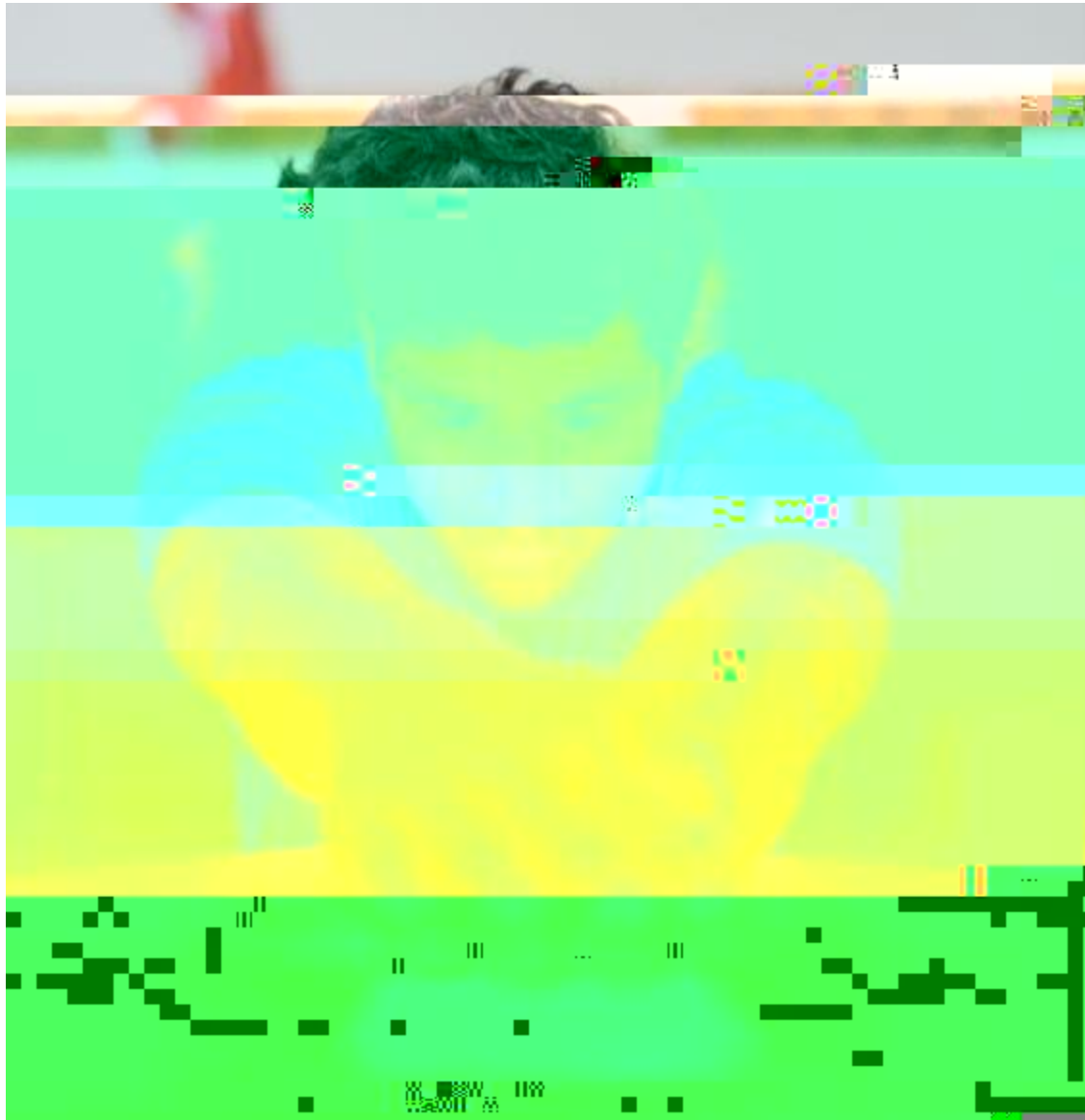
*CPR Training*



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*Sit and Reach Fitness Testing*



Structural Kinesiology Instruction

